


# BODY & SOL SPA MENU

## BODY TREATMENT

 SPA SERVICES	DURATION	PRICE
<b>SPECIAL HERBAL COMPRESS BODY &amp; SOL SPA</b>		
<i>Warm herbal compresses are used to promote relaxation.</i>		
<i>This special treatment is also known for its healing properties as it improves blood and oxygen circulation, while boosting the immune system and detoxifying the body thanks to the blend of selected herbs.</i>		
	<b>75 minutes</b>	<b>999,000</b>
	<b>100 minutes</b>	<b>1,299,000</b>
<b>BODY &amp; SOL SIGNATURE</b>		
<i>A deep tissue technique is used to heal tension from the key areas of muscular pain. This full body massage will improve blood circulation and flexibility. The relaxing blend of essential oils will ease away stress for a complete refreshing experience, leaving your body rejuvenated.</i>		
	<b>60 minutes</b>	<b>899,000</b>
	<b>90 minutes</b>	<b>1,199,000</b>
<b>AROMA THERAPY</b>		
<i>This relaxing massage is ideal to restore inner harmony. A gentle touch movement will relieve stress and key area of tension while detoxifying your body. A soothing or restorative essential oils of your choice will enliven a sense of calm for a peaceful sleep and a refreshed body.</i>		
	<b>60 minutes</b>	<b>899,000</b>
	<b>90 minutes</b>	<b>1,199,000</b>

**Opening hours 10 am – 9 pm**

**Price are quoted in Vietnam Dong, subject to 5% Service Charge and 10% VAT.  
We encourage you to make your reservations as extension 361 as early as possible to ensure availability of treatments.**

## SWEDISH MASSAGE

*Swedish massage uses medium and strong forces and movements combined with 2 tight and punched colored assist blood circulation, increase blood circulation improves cramps.*

**60 minutes 899,000**

**90 minutes 1,199,000**

## CLASSIC HOT STONE

*Warm stones are used to massage the entire body to relieve muscular aches and tension. The combination of essential oils and heat will enhance the benefits of this unique treatment, rebalancing your energy levels, recharging your mind and body and inducing deep relaxation for an unforgettable experience*

**70 minutes 949,000**

**90 minutes 1,199,000**

## ABHYANGA THERAPY

*This rebalancing massage is inspired by the Indian traditional massage which utilizes rubbing and kneading techniques to get the highest benefits for the muscles. The vital energy points will be treated to help bring the body its natural state, reactivating your senses and reaching your soul.*

**60 minutes 899,000**

**90 minutes 1,199,000**

## FOOT WITH HOT STONE

*Using the claw action and pressure relief the soles of the feet helps relaxing and circulate blood. The combination of massage with hot stones reduces stress and detoxification.*

**45 minutes 499,000**

**60 minutes 699,000**

---

**Opening hours 10 am – 9 pm**

**Price are quoted in Vietnam Dong, subject to 5% Service Charge and 10% VAT.  
We encourage you to make your reservations as extension 361 as early as possible to ensure availability of treatments.**

## FACIAL CARE

 SPA SERVICES	DURATION	PRICE
--	----------	-------

---

### PURIFYING FACIAL

**60 minutes** **899,000**

*Ideal for all skin types, this treatment begins with cleansing the skin with THANN Nano Shiso Facial Cleanser. THANN Detoxifying Clay Mask – including Tanakura, Bentonite and Kaolin – will be used to perfectly absorb dirt, excess oil and toxins from embedded pores. THANN Oatmeal Face Scrub with Centella extract will gently exfoliate and THANN Rice Extract Moisturizing Cream will ensure deep moisture to your skin up to 6 hours, also providing protection from UVA.*

### GLOWING FACIAL

**60 minutes** **899,000**

*This revitalizing treatment starts with cleansing the skin with THANN Nano Shiso Facial Cleanser. Then, THANN Oatmeal Face Scrub with Centella extract will gently exfoliate to prepare your skin for THANN Nano Shiso Revitalizing Mask. The grapefruit extract minimizes pigmentation and mulberry extract enhances natural skin brightness and radiance. THANN Rice Extract Moisturizing Cream will ensure deep moisture.*

### ANTI AGING WITH GREEN TEA

**60 minutes** **899,000**

*This anti-aging treatment boosts skin elasticity, collagen production and fight dryness. A detoxifying and antioxidant enriched Natural Green Tea mask will be applied and the benefits of this treatment will be emphasized by THANN Nano Shiso Age Inversion Cream with Rice Protein and Black Tea which immediately makes your skin firmer and tighter, revealing a younger complexion.*

---

**Opening hours 10 am – 9 pm**

**Price are quoted in Vietnam Dong, subject to 5% Service Charge and 10% VAT.  
We encourage you to make your reservations as extension 361 as early as possible to ensure  
availability of treatments.**

## BODY SKIN CARE

 SPA SERVICES	DURATION	PRICE
--	----------	-------

### RADIANCE BODY SCRUB

**45 minutes**                      **899,000**

*Ideal for all skin types, this body scrub combines gentle exfoliation and moisture using fine sea salts blended with healing and detoxifying essential oils to deeply clean, removing dead cells and enhancing the natural brightness of your skin.*

### NOURISHING BODY WRAP

**50 minutes**                      **999,000**

*This amazing treatment removes toxins and deeply nourishes your skin. A Natural Mineral enriched Body Mud will gently wrap your skin with a regenerating effect, leaving it moisturized and smooth. This nourishing body wrap is the perfect way to restore your body with all the minerals it needs to stay healthy.*

### PURELY SEAWEED BODY WRAP

**50 minutes**                      **999,000**

*This amazing unique treatment uses real organic seaweed to remove toxins and deeply nourish your skin thanks to their detoxifying, healing and moisturizing properties. As a result, your skin will be regenerated and protected from the environmental pollutants. The cooling effect of Purely Seaweed After sun with Aloe Vera will be a final soothing touch.*

### GLOWING BODY WRAP

**50 minutes**                      **999,000**

*Ideal for all skin types, this body wrap uses the antioxidant and astringent properties of Natural Green Tea to minimize the pores of your skin, boost its elasticity and rejuvenate it thanks to a soft exfoliation. This anti-aging and energizing body wrap leaves you skin bright and regenerated.*

---

**Opening hours 10 am – 9 pm**

**Price are quoted in Vietnam Dong, subject to 5% Service Charge and 10% VAT.  
We encourage you to make your reservations as extension 361 as early as possible to ensure  
availability of treatments.**

## BASIC SERVICES

 SPA SERVICES	DURATION	PRICE
<i>Massage head, shoulder &amp; neck</i>	<i>30 Minutes</i>	<i>399,000</i>
<i>Massage back with oil</i>	<i>30 Minutes</i>	<i>399,000</i>
<i>Massage back with Hot Stone</i>	<i>40 Minutes</i>	<i>449,000</i>
<i>Massage back with Herbal Compress</i>	<i>40 Minutes</i>	<i>499,000</i>
<i>Basic Foot</i>	<i>30 Minutes</i>	<i>299,000</i>
<i>Basic Facials</i>	<i>30 Minutes</i>	<i>449,000</i>
<i>Basic body scrub</i>	<i>30 Minutes</i>	<i>499,000</i>
<i>Sauna &amp; Steam</i>	<i>30 Minutes</i>	<i>199,000</i>

---

*Opening hours 10 am – 9 pm*

Price are quoted in Vietnam Dong, subject to 5% Service Charge and 10% VAT.  
We encourage you to make your reservations as extension 361 as early as possible to ensure availability of treatments.

## PACKAGE TREATMENT

 SPA SERVICES	DURATION	PRICE
<b>1. RELAXING HEAVEN</b>		
	<b>200 Minutes</b>	<b>3,199,000</b>
Body Scrub		
Body Wrap		
Aromatherapy		
Glowing Facial		
<b>2. PAMPERED SKIN</b>		
	<b>150 Minutes</b>	<b>2,499,000</b>
Body scrub		
Body wrap		
Purifying Facial		
<b>3. PERFECT EXPERIENCE</b>		
	<b>130 Minutes</b>	<b>2,199,000</b>
Body scrub		
Body wrap		
Foot with hot stone		
<b>4. REFRESHMENT</b>		
	<b>120 Minutes</b>	<b>1,799,000</b>
Anti-Aging Facial		
Swedish massage		
<b>5. EXPERIENCING NATURE</b>		
	<b>105 Minutes</b>	<b>1,699,000</b>
Body scrub		
Aromatherapy		

---

**Opening hours 10 am – 9 pm**

**Price are quoted in Vietnam Dong, subject to 5% Service Charge and 10% VAT.  
We encourage you to make your reservations as extension 361 as early as possible to ensure  
availability of treatments.**